



WORLD  
MENTAL  
HEALTH  
DAY



# **WORLD MENTAL HEALTH DAY 2019**

## **"MENTAL HEALTH PROMOTION AND SUICIDE PREVENTION"**

### **10<sup>th</sup> OCTOBER, 2019**

ORGANIZED BY:

DEPARTMENT OF PSYCHOLOGY &  
NSS CELL, RAJIV GANDHI UNIVERSITY,  
RONO HILLS, DOIMUKH, ARUNACHAL PRADESH

DEPARTMENT OF PSYCHOLOGY

RAJIV GANDHI UNIVERSITY

NOTIFICATION

Dated: - 09/10/2019

The Dept. of Psychology, RGU jointly with NSS Cell, RGU is observing World Mental Health Day 2019 under the theme "Mental Health Promotion and Suicide Prevention" on 10<sup>th</sup> October, 2019 with some awareness programmes. The agenda of the programme along with the location is given below

AGENDA OF THE AWARENESS PROGRAMME:

Sl.no.	Activity/Programme	Venue	Time
1.	Flash Mob On Suicide Prevention and Poster Presentation	DOIMUKH MARKET	10:00am To 10:15pm
2.	Street Play on mental health issues and suicide	DOIMUKH TAXI STAND	10:30am To 11:00am
3.	Flash Mob On Suicide Prevention and Poster Presentation	DOIMUKH HIGHER SECONDARY SCHOOL	11:40 am to 11:50am
4.	Open discussion on mental health issues and Resource Centers for help with students	DOIMUKH HIGHER SECONDARY SCHOOL	11:50am to 12:05pm
5.	Lunch Break		12:30pm To 1:30pm
6.	Street Play on mental health issues and suicide	LABOUR COLONY, RGU	2:00pm to 2:30 pm
7.	Flash Mob On Suicide Prevention and Poster Presentation. Open discussion on mental health issues and Resource Centers for help	GARAGE COLONY (RGU BUS STAND)	3:00pm to 3:25pm

*Sowamin*  
9/10/19  
Head  
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